

After School **The HIVE** “Where FUN Happens”



Featuring Meet our Staff
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PB&J Club Returns!
Holiday Previews
Haunted History Ghost Tours
Monster Mash Dance Party & Movie
Soccer Shots

Fall 2016

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Advisory Board Members

The Board meets the fourth Monday of every month at 6:30pm in the War Memorial Building.

John Bentley
Shelly Lee
Calvin Allen, Jr.
Regina Coates
Casey Stine

Jules Bacha
Michael Miller
James Robertson
Bill Stewart

winchesterva.gov/parks
(540) 662-4946

Administration Office Hours: **Monday-Friday 8am - 5pm**

Parks & Recreation Director:

Lynn Miller:
lynn.miller@winchesterva.gov

Park Administration Coordinator
& Acting Assistant Director:

Jennifer Stotler:
jennifer.stotler@winchesterva.gov

Interim Superintendent of Parks:

Tommy Lambert:
thomas.lambert@winchesterva.gov

Recreation Center Hours:

August 8, 2016 – May 28, 2017

Monday- Friday: 5:30am-9:30pm

Saturday: 9:00am-6:00pm

Sunday: Noon-6:00pm

Closed November 24 and 25

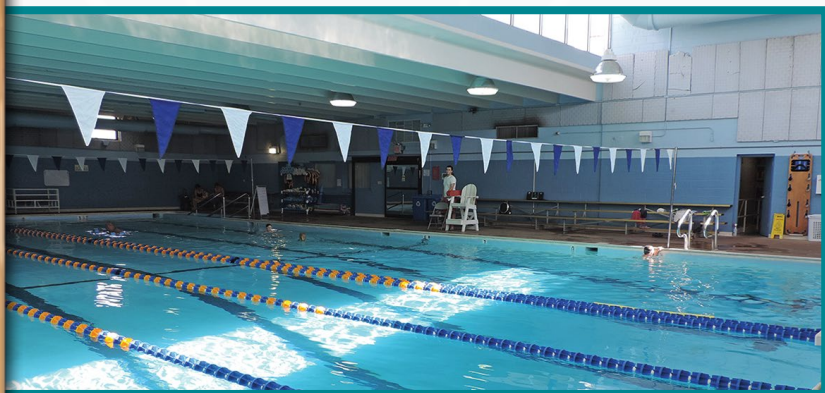
1001 E. Cork Street, Winchester, VA 22601

(540) 662-4946 (540) 678-8791 Fax

Cancellation Hotline: extension 2833

wincparks@winchesterva.gov

Pool / Gym Schedules



Outdoor Pool

August 8 - September 5

GENERAL SWIM	M	T	W	TH	F	S	SU
3:00pm - 6:45pm							
Noon - 6:45pm							
LAP SWIM	M	T	W	TH	F	S	SU
5:30am - 8:00am							
9:00am - Noon						*	
10:00am - Noon	*		*		*		

*Only 4 lanes available at this time.
Pool Parties are on Fri, Sat, & Sun 7:00-9:00pm

Open Gym

The gym will be available at the below times to anyone who would like to drop by Recreation Center to play some hoops. This is not a league or program. Basketballs are available if needed. Organized practices of any kind are not permitted during Open Gym times. **Anyone entering the gym must pay the daily fee or have a punch pass/membership.**

*No Open Gym October 7 and November 4-5

August 8 - November 21

ALL AGES	M	T	W	TH	F	S	SU
Noon - 3pm							
4 - 5:45pm							
7:30 - 9:15pm							
AGES 30+	M	T	W	TH	F	S	SU
7:30 - 9:15pm							



Gym/Pool available ■ Not available ■

Indoor Therapy Pool

August 8 - September 3

OPEN SWIM	M	T	W	TH	F	S	SU
2:00pm - 5:00pm		*		*			
ACTIVE ADULT/THERAPEUTIC	M	T	W	TH	F	S	SU
Noon - 2:00pm	*	*	*	*	*		

Indoor Pool

September 4 - October 31

LAP SWIM	M	T	W	TH	F	S	SU
7:30am - 11:00am		*		*			
5:30am - 10:00am							
11:00am - 1:00pm	*	*	*	*	*		
Noon - 2:00pm							
2:00pm - 4:00pm							
6:00pm - 7:00pm							
7:30pm - 9:15pm							

GENERAL SWIM	M	T	W	TH	F	S	SU
11:00am - 1:00pm	*	*	*	*	*		
2:00pm - 4:00pm							
2:00pm - 6:00pm						*	
ACTIVE ADULT/THERAPEUTIC	M	T	W	TH	F	S	SU
1:00pm - 2:00pm							

* Only 3 lanes available at this time.
(Rent the Indoor Pool for a Pool Party: Fridays 7-9pm & Saturdays 6-8pm.)

Indoor Pool

November 1 - March 1

LAP SWIM	M	T	W	TH	F	S	SU
5:30am - 6:30am							
6:30am - 10:00am							
7:15am - 10:00am							
11:00am - Noon		*		*			
Noon - 2:00pm							
2:00 - 3:15pm							
6:00 - 7:00pm							
7:30pm - 8:30pm							

GENERAL SWIM	M	T	W	TH	F	S	SU
11:00am - 1:00pm	*		*		*		
Noon - 1:00pm		*		*			
2:00pm - 4:00pm							
2:00pm - 6:00pm						*	
ACTIVE ADULT/THERAPEUTIC	M	T	W	TH	F	S	SU
1:00pm - 2:00pm							

* Only 3 lanes available at this time. The Indoor Pool will be closed November 24- 25, Dec. 24-25, and Jan. 1. Closing early at 5:30pm on December 31.

Membership Benefits & Rates

Rates: Memberships, daily fees and punch passes include: Unlimited use of the indoor pool, outdoor pool, fitness room, gymnasium, billiards table and racquetball court during designated times. Call WPRD for punch pass rates.

Memberships	1 Month		3 Months		Annual	
Child	\$16 R	\$20 NR	\$42 R	\$54 NR	\$144 R	\$192 NR
Student	\$20 R	\$24 NR	\$54 R	\$66 NR	\$192 R	\$240 NR
Adult	\$36 R	\$42 NR	\$99 R	\$117 NR	\$360 R	\$432 NR
Senior	\$16 R	\$20 NR	\$42 R	\$54 NR	\$144 R	\$192 NR
Family (up to 4)	\$68 R	\$84 NR	\$198 R	\$246 NR	\$768 R	\$960 NR
Military	\$16 R & NR		\$42 R & NR		\$144 R & NR	
Military Family (up to 4)	\$48 R & NR		\$138 R & NR		\$528 R & NR	

Daily Fees Indoor/Outdoor Pools and Recreation Center

Child	\$4	Senior	\$4
Student	\$4.50	Family (up to 4)	\$14
Adult	\$5	Military	\$4

Fitness Classes

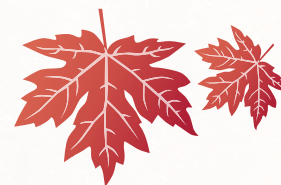
Yoga, Zumba, Water Aerobics, and Aqua Arthritis are included in the facility membership.

Fitness Room

The fitness room is open during the building's hours of operation (see inside front cover). Ages 14-16 must be accompanied by adult 18 and older. Spectators are not permitted. Proper attire must follow WPRD fitness policy. These policies will be strictly enforced.

Racquetball

The court can be used for racquetball or wallyball. Court reservations can be made seven calendar days in advance for no more than two hours at a time. The court is open and available for use during the building's hours of operation (see inside front cover). *Reservation recommended.*



Member Spotlight

We had the pleasure sitting down and talking to Jim Vogt who has been coming to our facility for 6 years. Jim, his wife, and 6 kids moved to Winchester in 2010, from Purcellville, VA. Since then, Jim has been coming to Jim Barnett Park to play racquetball and basketball, to swim, and use the fitness room. Jim also likes to bring his family to run and hike in Jim Barnett Park. Jim feels that this is a good personal facility that is well run and very reasonably priced. He said, "the staff is wonderful and very helpful." He also commented "visiting the facilities is a great way to meet new people and make friends." Jim has made a lot of friends and likes playing racquetball with them, when he can. One thing that sticks out in Jim's mind that he has enjoyed over the years in Jim Barnett Park was the Children's International Festival. He commented, "the event was nice and my children really enjoyed it." Jim has a desire to help the community, he uses his spare time to give back whether it be teaching or volunteering. Jim likes to teach and practice Aikido. He teaches Aikido kid classes at Jim Barnett Park on Friday evenings. He is also an Assistant Scout Leader in Boy Scouts for Troop 15. Jim is also a trained and licensed gourmet chef, and he cooked at a 4 star restaurant in France. Look for future cooking classes at Jim Barnett Park from Jim on learning how to cook French and Italian cuisines.

By: Kristin Shifflett, Community Rec Specialist & Joyce Milburn, Rec Center Attendant



Check Availability Online at:
webtrac.winchesterva.gov

Facility Rentals

R=Resident, NR=Non-Resident

Facility	Capacity	Resident	Non-Resident
Lord Fairfax Room	50	\$25	\$31
Arts & Crafts Room	50	\$19	\$23
Full Gymnasium	1,000	\$92	\$98
Full Court Gym	666	\$61	\$65
1/3 Gym	333	\$31	\$33
Social Hall	175	\$63	\$79
Recreation Room	20	\$6	\$8
Indoor Pool	80	\$96	\$112
Outdoor Pool	300	\$156	\$168
BMX Track*	200	\$17	\$23
Horseshoe Courts*	200	\$21	\$27
Tennis Court*	100	\$3	\$5
Bridgeforth Field*	300-1,500	\$22	\$30
Bodie Grim & Eagles Fields*	300-1,500	\$18	\$24
Rotary, Yost, T-Ball, and Henkel Harris Fields*	150-500	\$9	\$15
Rectangular Fields*	(Large)	\$18	\$24
Rectangular Fields*	(Small)	\$15	\$21

Winchester Public Schools Athletic-Based Facility Rentals

Daniel Morgan Middle Gym (DMMS)	600	\$49	\$50
Daniel Morgan Middle Auxiliary Gym	650	\$37	\$38
Quarles Elementary Gym (QES)	338	\$37	\$38
VA Avenue Charlotte DeHart Elementary Gym	338	\$37	\$38
Elementary School Grounds*	300-1,500	\$21	\$24
John Handley High Facilities	Call JHHS for reservations		

*\$10 flat fee for lighting and/or \$10 (ball field) or \$20 (soccer field) fee for field lining if needed.

Rental Rates

Rate listed is per hour. A \$25 hourly staffing fee will be applied to rentals scheduled outside the facility's regular hours of operation. Winchester Public Schools facility rentals must meet insurance requirements. Most Athletic facility rentals have a 2-hour minimum and additional custodial fees may apply. Winchester Parks & Recreation facility rentals under \$200 must be paid in full at time of reservation. Rentals \$200 and up require a 30% deposit.

Social Hall

Plan your next gathering at the Active Living & Recreation Center in beautiful Jim Barnett Park. Our formal 6,750 sq. ft. social hall accommodates up to 175 guests.

Rentals are available Friday and Saturday. Package not offered on Sunday.

PARTY PACKAGE RATES

Social Hall **\$500**

Noon-8pm

Included with the rental are table and chairs, audio/visual equipment, and setup and take down of tables and chairs.

NOTE: Rental must include set up and take down time. Each additional hour before or after the set party hours will incur the hourly rate and a \$25.00 per hour fee.

Hourly Rates

Social Hall \$63 R \$79 NR

NEW! Party Package



Non-Profit Rental Rates

The following requirements must be met in order to receive the discounted facility rental rate:

- **Physically located in the Winchester city limits (zip code 22601)**
- **Provide proof of 501(c)(3) non-profit status**

Facility & Hourly Rate

Lord Fairfax Room	\$19
Full Gymnasium	\$81
1/3 Gym	\$27
Recreation Room	\$5
Outdoor Pool	\$150
DMMS Auxiliary Gym	\$35
VACDES Gymnasium	\$35
Arts & Crafts Room	\$14
Full Court Gym	\$54
Social Hall	\$48
Indoor Pool	\$90
DMMS Gymnasium	\$47
QES Gymnasium	\$35
Elementary School Grounds	\$18

Rent the Gym:
Saturday 6-8pm



Rent the Indoor Pool:
Saturday 6-8pm
\$192 R, \$224 NR

Park Amenities/Pavilion Rentals

Winchester Dog Park

Dog Park Hours:

November 1- March 31

Monday-Friday: 6:00am-5:00pm

Saturday: 9:00am- 5:00pm

Sunday: Noon-5:00pm

**CLOSED December 24 - January 1*

April 1- October 31

Monday-Sunday 6:00am-9:00pm

Be on the lookout for dates for an open forum for Dog Park members to attend to discuss Dog Park items!

Dog Park is divided into 2 areas.

Small Dog Park: Dog under 30 lbs (no dogs over 30 lbs are allowed in this area)

Large Dog Park (Dogs over 30 lbs). Smaller dog may go into the larger area at owners discretion.

NEW: *Closed from 2-3pm every Monday, Wednesday and Friday for routine maintenance.

Requirements for memberships

1. Dog license
2. Current Vaccination (including Rabies)
3. Three Dogs max per household-ratio must be 1 owner or handler to 1 dog. No exceptions. Failure to provide this information can result in your membership being denied.



Annual Dog Park Membership

First Dog: \$18 R, \$24 NR

Per Additional Dog: \$6 R, \$8 NR

Pavilion Rentals

FACILITY	CAPACITY	R	NR
Jaycee I, Key Club I & II, Optimist	S 25	\$35	\$40
POW-MIA Memorial, Shawnee Lions, Firemans	M 26-75	\$55	\$60
Kiwanis I, Antique Car, Exchange	L 76-100	\$75	\$80
Lions, Rotary	XL 101-150	\$85	\$90

Disc Golf

Experience this inexpensive, family-friendly sport that people of all skill levels and ages can play. The 18-hole disc golf course located in Jim Barnett Park meanders through 170 acres and boasts a balance of long challenging holes and short strategic holes. Scorecards are available at the course map located at the first hole or can be downloaded from winchesterva.gov/parks. Discs are available for rent at the War Memorial Building. Please inquire to wincparks@winchesterva.gov or call 540-662-4946, ext. 1816 if you are interested in holding a Tournament or organizing league play.

Fee: FREE

Disc Rental: \$2 each



Pavilion Rentals

Pavilions are available for full day rentals only. A full day is 9am-9pm. Pavilions can be used from April 15-October 15. Reservations are taken year-round.

Special Events

Swim Under the Stars

(All Ages)

August 27 (Saturday), 9:30-11pm

Experience the pool under the lights and swim under the stars! There will be live music and deals at the concession stand.

Fee: \$2

Location: Jim Barnett Park, Outdoor Pool

Family Luau (All Ages)

September 3 (Saturday), 7-9pm

Enjoy a family oriented, Hawaiian-themed pool party for all ages. The Tiki Torches will be lit. With great music, fun, and games, this is an event you cannot miss! Food will be available for purchase from the Concession Stand.

Fee: \$2 for ages 12+ (under 12 are free)

Location: Jim Barnett Park

Site: Outdoor Pool

Washington Nationals Baseball

Bus Trip (Ages 5+)

August 13 (Saturday)

Join WPRD for a fun-filled day of baseball. Hop on the bus to D.C. to see the Washington Nationals take on the Atlanta Braves. Bus leaves Jim Barnett Park at 3:00pm, game starts at 7:05pm and bus will return when game is over (around 12:00a). Price includes bus ride, admission ticket and \$15.00 concession credit. Tickets will be handed out when you board the bus.

Activity #: 631347-01

Fee: \$75/ticket

Register by: 8/12

Location: Jim Barnett Park

Green Circle 5K and Kids Mile

October 1 (Saturday)

The Winchester Green Circle is a community project to build a hiker/biker/jogging trail around Winchester. This run will use existing trail and local neighborhood streets. Registration begins at 7:30a, race starts at 8:30a.

Register online at: <https://runsignup.com/Race/VA/Winchester/GreenCircle5k>

Location: 621 West Jubal Early Drive

Fee:	In Advance	Race Day
5K	\$20	\$25
SVR Member	\$18	\$25
Kids Mile	\$12	\$15

Little Turkey Treats (Ages 1+)

November 17 (Thursday), 6:30pm

Time to bring your "Little Turkey" to the park for some fun activities and treats to celebrate the Thanksgiving Holiday. NO day of registrations!

Activity #: 641347 Sec: 02

Date: 11/17

Location: Social Hall

Register by: 11/14

Fee: \$5



All Paws on Deck Canine Swim

(All Ages)

September 5 (Monday), 7-9pm

For the third year in a row, end the summer with a splash. Bring your furry friends out for an evening of swimming. On the last day of the outdoor pool season, the pool will be opened for the dogs to enjoy. Please come out and enjoy!

Non-members MUST have proof of rabies vaccination for entrance.

Fee: \$2 Admission is FREE for the members of the Winchester Dog Park

Location: Jim Barnett Park, Outdoor Pool

**All attending must have current rabies shot*

Spookcessible

October 18 (Tuesday), 10am

A Halloween event for children with special needs. Search for easily accessible non-spooky ghost to turn in for treats. Then head over to the pumpkin patch to look for a pumpkin gourd. Bring a packed lunch and play on the playground. In case of inclement weather, the event will be held in the gym at Jim Barnett Park.

Location: Familyland/Children's Dream Playgrounds

Fee: FREE

Ghouls and Gals Dance

October 15 (Saturday), 7-9pm

A Halloween Party for Middle School students! This dance will feature a DJ and costume contest, so wear your Halloween costume! Food will be available for purchase at minimal cost. School ID is required for admission. No masks or weapons (costume or real) allowed. Purchase tickets at the War Memorial Building.

Fee: \$5 in advance, \$8 at the door

Location: Jim Barnett Park, Denny Lee Gym



Fitness



Come join one of WPRD'S active classes to get into shape! Try Aikido, a self-defense class and learn new and effective ways to keep safe. Try one of our fitness classes to keep active or a yoga class to keep calm and balanced.

Ki-Aikido (Ages 6-13)

Activity #: 637242-07, 08

Date: Friday (9/9-9/30), (10/21-11/18) No class 11/11

Time: 6:00pm-7:00pm

Fee: \$20 R \$23 NR

Location: Arts & Crafts Room

Register by: 9/2, 10/14

Aikido is a modern martial art system with traditional roots, practiced for awareness, health/fitness/wellness, and spiritual/personal exploration, as well as self-defense. Aikido is a paradoxical practice because it is a martial art that teaches not-fighting; it is often called "The Way of Peace." In Ki-Aikido, a soft form of the art, power comes from rhythm and timing within an aware relationship. Practice is filled with smiles, laughter, cooperation, and also a sincere earnestness.

Instructor: Jim Vogt, a 20 year practitioner, is an affiliate of the Eastern Ki Federation.



Member Fitness

Zumba (Ages 12+)

Monday/Thursday, 6:30pm-7:30pm

Fee: Included with Facility Membership

Drop-in: \$5 R \$5.50 NR

Location: Social Hall, War Memorial Building

Zumba is the hottest dance party workout today. You will not even feel like you are working out while you Zumba. It is a total body workout using the most popular music that makes you feel good. Zumba utilizes fitness, burns calories, tones muscles, and improves balance and incorporates a full range of motion.

Instructor: Amanda Floyd

Yoga

Tuesdays 8-9am & Thursdays 8:30-9:30am

ime: 8:30-9:30am

Starting Date: Thursday August 18

Fee: Included in the Facility Membership

Drop-in: \$5 R, \$5.50 NR

Location: Recreation Room

Restoration, rejuvenation, renewal! Imagine your body cradled and fully supported by blankets, pillows and bolsters. Imagine quiet breathing, soft music, guided meditation as deep calm and stillness washes over you. This is called restorative yoga. Now imagine inviting the mind into a conscious form of a deep meditation. This class is in intended to induce full body relaxation.

Instructor: Jeff Hollar

Curve Yoga (Ages 18+) Curve Yoga (Ages 18+)

Activity #: 637145-11

Date: Mondays (11/7-12/12)

Time: 5:30pm-6:30pm

Fee: \$23 R \$26 NR

Location: Arts & Crafts Room

Register by: 10/31

Activity #: 637145-12

Date: Thursdays (11/3-12/15)

***No class 11/24**

Time: 5:30p-6:30p

Fee: \$23 R \$26 NR

Location: Lord Fairfax Room

Register by: 10/27

Students of all experience levels are welcome in this class, including beginners, where the focus is on proper alignment and modifications for plus size bodies and embracing, loving and honoring those bodies. Getting her Curvy Yoga Certification through Curvy Yoga in Nashville, TN, Jessi creates classes that are accessible to and accepting of anyone who attends.

Instructor: Jessica Edwards



Senior Morning Walk (Ages 55+)

Activity #: 637145-14

Date: Mondays (9/19-12/19)

Time: 7:00a-8:00a

Fee: \$5 R \$8 NR

Location: Gym-Full

Register by: 9/12

Come walk inside our gymnasium in a climate controlled atmosphere at your own pace. Please wear non-marking tennis shoes

Game Time Tournaments

Thankful For Volleyball Tournament (Ages 18+)

WPRD invites all local co-ed volleyball teams to show off your teams skills in this tournament.

Activity #: 631645

Fee: \$120/team

Register by: 11/7

Location: John Handley High Gym

SESSION	DAY	START TIME	SECTION
11/12	Saturday	10:00am	07



Tri-Ball Volleyball Hat Tournament (Ages 18+)

Tri-Ball Volleyball allows 1/3 more players into the game, which adds more strategy and fun to this recreational volleyball(-ish) game. No more waiting to be "rotated in", just divide into three teams and go. A truly unique way to play. Think about how much fun this could be. An entirely new way to think about the game. Up to 18 players all in on the action at the same time. You never know if the ball is coming your way, so be prepared. Set the ball up in the corner and get blockers from all three teams going up at the same time. If you get scored on, don't worry...just "tri" again. We will draw teams from a hat on site.

Activity #: 631645

Fee: \$20/Person

Register by: 8/15 (Section 09), 9/12 (Section 10)

Location: Jim Barnett Park, Festival Field

SESSION	DAY	START TIME	SECTION
8/20	Saturday	9:00am	09
9/17	Saturday	9:00am	10

Game Time Leagues

Ultimate Frisbee League (Ages 16+)

Combining the non-stop movement and athletic endurance of soccer with the aerial passing skills of football, a game of Ultimate is played by two seven-player squads with a high-tech plastic disc on a field similar to football. The object of the game is to score by catching a pass in the opponent's end zone. Ultimate is played in more than 42 countries by hundreds of thousands of men and women, girls and boys. Teams of 7 participants Min. 14 participants Max per team. Option to sign up as an individual and get placed on a team is also available.

Activity #: 617645

Fee: \$130 R \$140 NR

Register by: 8/22

Location: Jim Barnett Park, Preston Field -Small



SESSION	DAY	TIME	SECTION
8/31- 10/26	Wednesday	5:30-10:00pm	03

Individual Ultimate Frisbee (Ages 16+)

Activity #: 617645

Fee: \$13 R \$14 NR

Register by: 8/22

Location: Jim Barnett Park, Preston Field -Small

SESSION	DAY	TIME	SECTION
8/31- 10/26	Wednesday	5:30-10:00pm	04

Game Time Youth Leagues



Flag Football (Ages 5-7)

Provides a fun and exciting opportunity to engage in non-contact, continuous action while learning about teamwork. All participants are required to wear a mouth guard. Weekday practices and Saturday morning games.

Activity #: 631643

Fee: \$34 R \$40 NR

Register by: 8/22

Location: Jim Barnett Park, Eagles Field



SESSION	DAY	TIME	SECTION
8/31-10/29	Wednesday	5:30-6:30pm	01
	Saturday	mornings	

Flag Football (Ages 8-10)

Provides a fun and exciting opportunity to engage in non-contact, continuous action while learning about teamwork. All participants are required to wear a mouth guard. Weekday practices and Saturday morning games.

Activity #: 631643

Fee: \$34 R \$40 NR

Register by: 8/22

Location: Jim Barnett Park, Eagles Field

SESSION	DAY	TIME	SECTION
8/31-10/29	Wednesday	6:30-7:30pm	02
	Saturday	mornings	

Youth Drop In Volleyball (Ages 10-15)

Drop In Volleyball is open for all children ages 10-15. There will be 2 nets set up and volleyballs will be provided. Please note: There is no instruction provided.

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME	FEE
9/11-10/30	Sunday	1:30-3:30pm	\$2



Junior Basketball (Ages 9-10)

This exciting basketball league gives each player a chance to improve their skills while enjoying being part of a team. Practices are twice a week for one hour and games are on Saturday mornings.

Activity #: 611643

Fee: \$44 R \$50 NR

Register by: 10/24

Location: Jim Barnett Park, Gym



SESSION	DAY	TIME FRAME	SECTION
11/2-12/21	Monday/Wednesday	5:30-7:30pm	01
	Saturday	mornings	

Senior Basketball (Ages 11-13)

This exciting basketball league gives each player a chance to improve their skills while enjoying being part of a team. Practices are twice a week for one hour and games are on Saturday mornings.

Activity #: 611643

Fee: \$44 R \$50 NR

Register by: 10/24

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME FRAME	SECTION
11/1-12/22	Tuesday/Thursday	5:30-7:30pm	02
	Saturday	mornings	

*No session 11/24





Game Time

Adult Programs

BMX101 (Ages 4+)

Bicycle motorcross (BMX) is currently the fastest growing youth sport in North America and is now an Olympic sport. BMX offers every rider the ability to participate at his or her own pace and no one ever sits on the bench! BMX 101 will teach all the basic skills necessary to begin racing. Riders are required to wear long pants, long sleeve shirts, enclosed shoes (sneakers) and a full face helmet. The track has loaner helmets that can be borrowed during class. Participants must bring their own bike. Any bike can be used with a few minor adjustments. The kickstand, reflectors, chain guard and pegs must be removed for safety reasons. For more information, please contact Winchester BMX at 540-324- 3478 or www.winchesterbmx.org

Activity #: 631643

Fee: \$16

Register by: 9/12

Location: Jim Barnett Park, BMX Track

SESSION	DAY	TIME FRAME	SECTION
9/15-10/6	Thursdays	5:30-6:30pm	10

Soccer Shots Classic (Ages 3-5)

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. **No Class 9/24.*

Register Online: <https://www.soccershots.org/northwesternva/>

Fee: \$75

Register by: day of

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME
9/12-10/17	Monday	5:30-6:15pm
9/10-10/22	Saturday	9:30-10:15am

Soccer Shots Premier (Ages 5-8)

Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

**No Class 9/24*

Register Online: <https://www.soccershots.org/northwesternva/>

Fee: \$75

Register by: day of

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME
9/12-10/17	Monday	6:30-7:15pm
9/10-10/22	Saturday	10:30-11:15am

Drop In Volleyball (Ages 18+)

Players will divide into teams on site and play pickup games.

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME	FEE
9/6-10/25	Tuesday	6:00-9:15pm	\$2
11/6-12/18	Sunday	12:30-3:30pm	\$2

Kickball (Age 18+)

This co-ed league is played like the elementary school game you remember - the one with the big red playground ball. It's an easy game that is open to all skill levels. Even YOU can be a kickball superstar!

Activity #: 631645

Fee: \$100/team

Register by: 8/29

Location: Jim Barnett Park, Henkel Harris Field

SESSION	DAY	TIME FRAME	SECTION
9/6-10/11	Tuesday	6:30-9:30pm	03

Wallyball (Age 18+)

If you're looking for fast paced fun, then our Open Wallyball League is for you. All skill levels welcome. Teams will play 3 on 3.

Activity #: 631645

Fee: \$30/team

Register by: 9/5

Location: Jim Barnett Park, Racquetball Court

SESSION	DAY	TIME FRAME	SECTION
9/12-11/14	Monday	6:00-9:00pm	08

Senior Drop In Pickleball (Ages 55+)

Pickleball is a racket sport that blends tennis, badminton and ping pong. The main objective of Pickleball is to keep the ball in play over a net that is three feet off the ground, while utilizing placement and pace. Pickleball can be played as either singles (2 people) or doubles (4 people). Equipment consists of oversized ping pong type paddles and a plastic perforated ball. All equipment needed to play will be provided.

Location: Jim Barnett Park, Gym

**No Session on 10/18*

SESSION	DAY	TIME	FEE
9/6-12/20	Tuesday	9:00am-11:00am	\$2/ Free with membership

HIVE & HIVE CLUB After-School

HIVE and HIVE Club After-school Program

Winchester Parks and Recreation afterschool program is called The HIVE (elementary school, Pre-K-4th grade) and HIVE Club (middle school, 5th-8th grades).

The HIVE and HIVE Club program offers a wide range of activities. We gear towards the recreation base afterschool programming, allowing the children to run off that extra spurt of energy they receive while in school! The program uses the Park's amenities, such as the playground, ball fields, open field space, disk golf course, racquetball court, and the gym. The HIVE and HIVE Club program is open from dismissal of school until 6:00pm. We do offer a No School Day program for when the school system has Teacher work days, spring/winter breaks, and snow days.

We participate with VDH (Virginia Department of Health) (Child and Adult Care Food Program), which allows us to bring healthier snacks options to the children involved in our program. This program is available to all that are enrolled in the afterschool program The HIVE and HIVE Club.

Our program was awarded 2016 Out-of-School Time grant from NPRA (National Park and Recreation Association) and Walmart Foundation. This grant will allow for us to replace some of our equipment, upgrade storage for our snack program and center bins, extra programming into our current program guide and much more!

Our staff provides a full day summer camp program during the summer, PB&J Club for toddlers, middle school dances and family special events.

Meet our Staff

(left to right) Emilie Damko, Stephanie Frazier (Program Coordinator), Lisa Almaraz, Laura Eagan and Taylor Bush



After School & Beyond



The HIVE & HIVE Club

Located at Jim Barnett Park in the War Memorial Building, the HIVE (Grades PreK-4) and HIVE Club (Grades 5-8) offers a wide variety of both active and passive activities including sports, enrichment activities, games, crafts, and much more! Participants keep moving and the fun never stops. HIVE & HIVE Club is offered from the first day through the last day of school (Winchester Public Schools), from school dismissal to 6pm, Monday-Friday. Transportation is provided by Winchester Public Schools. Registration forms are taken throughout the school year as space is available. There is a \$15 non-refundable registration fee. **HIVE and HIVE Club 2016-2017 Registration: ongoing until program is full**

Transportation is provided by Winchester Public Schools. Registration forms are taken throughout the school year as space is available. There is a \$15 non-refundable registration fee.

*HIVE will be closed on September 5, November 24-25, and December 23-31

The HIVE (Grades Pre-K-4)

Activity# 641142

Two payment options:

- 1) \$60/week
- 2) "An10a" 10 Punch Pass for \$140

HIVE Club (Grades 5-8)

Activity# 641143

Two payment options:

- 1) \$30/week or
- 2) "An10a" 10 Punch Pass for \$80



We're thrilled to have been chosen for a \$27,000 Out-of-School Time grant from the National Recreation and Park Association and the Walmart Foundation. This grant will help us expand WPRD HIVE and HIVE Club After-School program and increase our children's access to healthy foods and physical activity!

#CommitToHealth.

No School Days (Ages 5-12)

Activity# 641513-01-07

Register by the Monday prior to the date needed (except November 8 date will be October 28)

No DAY of registrations will be accepted

Time: 8:00am-6:00pm unless noted

October 14 (Friday),

November 8 (Tuesday),

November 23 (Wednesday), until 4pm

Fee: \$30 Non-HIVE members, \$20 HIVE "An10a" Punch Card users, \$8 HIVE Worker Bees (Weekly User) \$14 HIVE Club Worker Bees (Weekly Users)

December 19-December 22, 8am-5pm

Fee: \$20/day for HIVE and HIVE Club members
\$30/day Non-HIVE members



After School & Beyond

PB&J Club (Ages 1-5)

Will resume on September 14, 2016!

2nd and 4th Wednesday 9-11:30am

Like PB&J you can rent the equipment for a birthday party!
Call 540-662-4946 more details!

Play, Bounce and Jump, to refine motor skills and have fun with a gym full of toddler-appropriate play equipment. Jump on the small trampoline, crawl through the tunnel maze, climb over the padded hills, or play ball. This exciting program lets kids and parents play freely, without worrying about the clean up or weather. All equipment is safe and properly sanitized before each program.

No PB&J Club 11/23 or 12/28

Special Friday evening sessions

October 7 and December 2 at 3:00pm-7:30pm

Fee: \$3R, \$3.50 NR (Adults are free).

Purchase a punch pass for PB&J with 10 punches.
\$30 R, \$35 NR.



**COMMIT
TO HEALTH**



CommitToHealth Club

CommitToHealth Club Fun Friday Healthy Texts to Your Cellphone

Text 'HEALTHTIPS11' to 41411 to join today!

Fun, healthy text messages sent every Friday to your cellphone that include:

- Short health tip
- Link to YouTube video about health
- Family friendly activities

Go to www.nrpa.org/healthytips11 to learn more

www.nrpa.org/CommitToHealth

#CommitToHealth

Creative Kids

Activities for Kids and Teens

Pokémon Card Club (Ages 6+)

Activity #: 637222-01, 02, 03, 04, 05, 06, 07

Date: Monday (9/12), (9/26), (10/10), (10/24), (11/7), (11/21), (12/5)

Time: 5:30p-7:00p

Fee: \$7 R \$9 NR per class

Location: Recreation Room

Register by: 9/6, 9/19, 10/3, 10/17, 10/31, 11/14, 11/28

Are you looking for some competition with other Pokémon players? Do you want to learn the exciting game of Pokémon? Well, we have the club for you! The Pokémon Card Club will allow area players to play one another as well as teach new players the basics of the card game. All ages and skill levels welcome. Bring your 60 card deck and join the battle. No deck? No problem! The leader will have some decks available for use.

New Instructor: Julie Herrmann



Chess Club (Ages 10-13)

Activity #: 637232-01

Date: Saturday (10/15-12/3) No class 11/5

Time: 2:00p-3:30p

Fee: \$40 R \$43 NR

Location: Arts & Crafts Room

Register by: 10/8



Come join chess expert Cliff Campbell as he explains the art of chess! This class will teach both the beginner and intermediate player.

Ballet (Ages 3-5)

Activity #: 637242-13, 14

Date: Wednesday (9/7-10/12), (10/26-12/7)

Time: 1:30p-2:30p

Fee: \$31 R \$34 NR

Location: Lord Fairfax Room

Register by: 8/31, 10/19



Come join us for a fun filled course introducing children to the basics of ballet. Warm-ups and stretching will lead into fundamental dance moves. Children will also be introduced to the proper terminology of ballet. Ballet shoes are welcome but not required!

New Instructor: Anne Weber

Teen Scrapbooking (Ages 13-18)

Activity #: 637215-17

Date: Tuesday (10/4-10/25)

Time: 5:30p-7:00p

Fee: \$33 R \$36 NR

Location: Activity Room

Register by: 9/27



Bring all of your favorite summer photos and use them to create a 4X6 Summer Memories scrapbook, learn how to mix prints from different paper lines, and learn doodling techniques.

Instructor: Julie Herrmann



In the Water

Parent & Me (6 Months – 3 Years)

Infant swim lessons are a great way to teach your child some important developmental skills and have fun! Parent & Me uses natural progressions to allow infants and toddlers the ability to grow in our lesson program through the use of activities and songs. **No Saturday classes for November.*

Location: Jim Barnett Park, Indoor Pool

Fee: \$43R \$49NR (M/W) & (T/TH)
\$21.50 R \$24.50 NR (Sat)

Monday & Wednesday Sessions:

Aug. 22- Sept. 19

(No class Mon. Sept. 5)

Sept. 26- Oct. 19

Nov. 2- Nov. 28

(No class Mon. Oct. 31)

Register by Aug. 22

Register by Sept. 26

Register by Nov. 2

5:30pm-6:00pm

Tuesday and Thursday Sessions:

Aug. 23- Sept. 15

Sept. 27- Oct. 20

Nov. 3- Nov. 29

(No class Thurs. Nov. 24)

Register by Aug. 23

Register by Sept. 27

Register by Nov. 3

9:30am-10:00am

10:30am-11:00am

Saturday Sessions:

Aug. 27- Sept. 17

Oct. 1- Oct. 22

Register by Aug. 27

Register by Oct. 1

11:30am-Noon

Aquatic Fitness Classes

Aqua Arthritis

This Aquatics program is designed to help reduce pain, increase strength and flexibility, and decrease the feeling of isolation through social interaction. This Aquatic Arthritis class, led by a certified instructor, is designed to be a fun, safe way for people with arthritis to stay fit and improve their day-to-day life.

Fee: Included in Facility Membership; Drop-In: \$5R \$5.50NR

Location: Jim Barnett Park, Indoor Pool

Tuesdays and Thursdays at 11am – Noon

Water Aerobics

Tone and sculpt your body with no impact on your joints. This popular water aerobics workout is a swimming blend of cardio and resistance training, and may incorporate resistance tools such as buoyant water weights, noodles, and kickboards. Taught by a certified instructor, water exercises help increase your energy, stamina, and strength.

Instructor: Myla Annis

Fee: Included in Facility Membership; Drop-In: \$5R \$5.50NR

Location: Jim Barnett Park, Indoor Pool

Mondays, Wednesdays, Fridays at 10 – 11am



Private Swimming Lessons (All Ages)

Take private swim lessons when they are convenient for you. Private lessons can be set up during any lap swim or general swim at the indoor pool. Each lesson is 45 minutes long and is taught by a certified instructor. The lessons are on a punch pass system, just set up a time with one of our instructors then purchase a pass.

Location: Jim Barnett Park, Indoor Pool

3 Lesson Pass: \$57R, \$64NR

5 Lesson Pass: \$94R, \$107NR

7 Lesson Pass: \$132R, \$149NR

10 Lesson Pass: \$188R, \$213NR



Swim Lessons (Ages 3-14)

No classes September 5, October 31, November 24

No Saturday classes for November.

About Swim Lessons University

Swim Lessons University is a child-centered, progressive swim lesson program. Each level teaches a specific set of skills that each child will need to master before moving to the next level. Previous skills are strengthened as new skills are introduced. Classes ending in -01 are reserved for children ages 3-6. Classes ending in -02 are for children ages 7-14.

Swim 101/102

Our beginner course focuses on kicking, floating and breath control. Children must be able to swim 15 feet with their face in the water in order to pass this class.

Swim 201/202

Our intermediate swim course focuses on the formal strokes of freestyle and backstroke. Children must be able to swim 25 feet using the freestyle stroke with side breathing and backstroke in order to pass this class.

Swim 301/302

Our advanced stroke course teaches children the more complex strokes of butterfly and breaststroke to swimmers that have already mastered freestyle and backstroke. Children must be able to swim 30 feet of freestyle, backstroke, butterfly, and breaststroke in order to pass this class.

Swim 401/402

This course is designed to teach lifesaving skills such as sidestroke, elementary backstroke and treading. This class is also an introduction to competitive swim training. Children must be able to swim 50 meters without stopping and complete a 50 meter IM in order to pass this class.

Swim 101, 201, 301, 401

(Ages 3-6)

Fee: \$43 R, \$49 NR (Mon./Wed. or Tues./Thurs.)
\$21.50 R, \$24.50 NR (Sat.)

Location: Jim Barnett Park, Indoor Pool

Aug. 22- Sept. 19 Register by Aug. 22
(Mon. & Wed.) 4:30-5pm
*No class Mon. Sept. 5 5:30-6pm

Aug. 23- Sept. 15 Register by Aug. 23
(Tues. & Thurs.) 10-10:30am
10:30-11am
6-6:30pm
6:30-7pm

Aug. 27- Sept. 17 Register by Aug. 27
(Saturday) 11-11:30am
11:30-12pm

Sept. 26- Oct. 19 Register by Sept. 26
(Mon. & Wed.) 4:30-5pm
5-5:30pm
5:30-6pm

Sept. 27- Oct. 20 Register by Sept. 27
(Tues. & Thurs.) 10-10:30am
10:30- 11am
6- 6:30pm
6:30-7pm

Oct. 1- Oct. 22 Register by Oct. 1
(Saturday) 11-11:30am
11:30-12pm

Nov. 2- Nov. 28 Register by Nov. 2
(Mon. & Wed.) 4:30-5pm
*No Mon. Class, Oct. 31 5-5:30pm
5:30-6pm

Nov. 3- Nov. 29 Register by Nov. 3
(Tues. & Thurs.) 10-10:30am
*No class Thurs., Nov. 24 10:30-11am
6-6:30pm
6:30-7pm

Swim 102, 202, 302, 402

(Ages 7-14)

Fee: \$43 R, \$49 NR (Mon./Wed. or Tues./Thurs.)
\$21.50 R, \$24.50 NR (Sat.)

Location: Jim Barnett Park, Indoor Pool

Aug. 22- Sept. 19 Register by Aug. 22
(Mon. & Wed.) 6-6:30pm
No class Mon. Sept 5 6:30-7pm

Aug. 23- Sept. 15 Register by Aug. 23
(Tues. & Thurs.) 10:30-11am
6-6:30pm
6:30-7pm

Aug. 27- Sept. 17 Register by Aug. 27
(Saturday) 11-11:30am
11:30-12pm

Sept. 26- Oct. 19 Register by Sept. 26
(Mon. & Wed.) 6-6:30pm
6:30-7pm

Sept. 27- Oct. 20 Register by Sept. 27
(Tues. & Thurs.) 10:30-11am
6-6:30pm
6:30-7pm

Oct. 1- Oct. 22 Register by Oct. 1
(Saturday) 11-11:30am
11:30-12pm

Nov. 2- Nov. 28 Register by Nov. 2
(Mon. & Wed.) 6-6:30pm
No class Mon. Oct. 31 6:30-7pm

Nov. 3- Nov. 29 Register by Nov. 3
(Tues. & Thurs.) 10:30-11am
No class Thurs. Nov. 24 6-6:30pm
6:30-7pm

Competitive Swim Training (Ages 7-18)

This course is designed for swimmers that have completed the highest level of swim lessons, and want to expand their skills into a swim team setting. Students will learn competitive swimming skills through the use of interval training. Participants must be able to swim laps and be proficient in all competitive strokes.

Fee: \$48R, \$54NR (M/W) & (T/TH)
\$24R, \$27NR (Sat)

Location: Jim Barnett Park, Indoor Pool

Monday and Wednesday:

Aug. 22- Sept. 19 Register by Aug. 22
(No class Monday, September 5)

Sept. 26- Oct. 19 Register by Sept. 26

Nov. 2- Nov. 28 Register by Nov. 2
(No classes held on Monday, Oct 31)

Ages 7-10 4:30pm-5:15pm
Ages 11-14 5:15pm-6:00pm
Ages 15-18 6:00pm-6:45pm

Tuesday and Thursday Sessions:

Aug. 23- Sept. 15 Register by Aug. 23

Sept. 27- Oct. 20 Register by Sept. 27

Nov. 3- Nov. 29 Register by Nov. 3
(No class Thursday, Nov. 24)

Ages 7-12 6-6:45pm
Ages 13-18 6:45pm-7:30pm

Saturday Sessions:

Aug. 27- Sept. 17 Register by Aug. 27

Oct. 1- Oct. 22 Register by Oct. 1

Ages 7-18 11:00am-11:45am



The Story of General Daniel Morgan



On the East side of Winchester, overlooking the city is the distinct statue of General Daniel Morgan. This very significant piece of Winchester and Virginia history can be found on the small corner lot near the City's National Avenue round-a-bout, Timbrook Park and the Timbrook Public Safety Building.

Daniel Morgan was born in 1736 in Hunterdon County, New Jersey. He left home at age 16 and migrated on the Great Wagon Road, and settled in Winchester, VA. With hard work and due diligence he soon owned his own wagon and team and became a freight hauler. When Braddock's campaign left Winchester during the French and Indian War, he was a wagoner for the British Army. Two years later, while resupplying frontier forts, he was shot through the neck and upper jaw by Indians at Hanging Rock, VA (now West Virginia).

Between the French and Indian and the Revolutionary Wars, he was a farmer, miller, wagoner, and Captain in the Virginia Militia and married Abigale who bore him two daughters. It is believed that his wife taught him to read and write and cipher.

When George Washington sought help to battle the British Army in Boston, the Continental Congress authorized six companies of militia to go to Boston; Daniel Morgan was the Captain of one of the Virginia companies. On July 14, 1775, the Daniel Morgan Rifle Company, 96 men strong, left the Red Lion Tavern, and 21 days and 600 miles later, was in Cambridge, Massachusetts becoming the first company of the new U.S. Army.

During the Revolutionary War, Morgan successfully commanded men in the noted Battle of Saratoga, was a Brigadier General and defeated the British in the South at Cowpens, SC for which Congress awarded him the Congressional Gold Metal.

Gen Daniel Morgan represented Winchester and Frederick County in the U.S. Congress, 1791-1799. In 1806, he died and was buried a few yards behind the site of the current statue. He was a member of the Old Stone Presbyterian Church.

In preparation for the Bicentennial celebration of our country's founding, 26 local riflemen formed to recreate the Daniel Morgan Rifle Co. and re-enacted in Revolutionary War battles. After the Bicentennial, they sponsored black powder rifle competitions for 19 years and the profits were saved to erect a fitting statue of Winchester's Hero. Generous local donors also contributed. The bronze statue was sculpted and cast in Oklahoma and moved here. It was dedicated on July 15, 2005, the 225th anniversary of their original departure to Cambridge, MA.

Jack McAllister (pictured right) was interviewed for this article.



Winchester Lions Club



With this being the 100th year of Lions Club, this will be the 93rd year of the Winchester Host Lions Club. So what does the "Host" actually mean in their name? Well, in order to get that specification, they have to host at least three other groups, which they have.

The WHLC provides funding for medically necessary eye care for low income adults and children. They are also helping to provide vision screens during community health fairs. Through the Lions Club, the Hearing Aid Recycling Project (HARP) provides affordable hearing aids for individuals with limited financial resources. People with diabetes are at risk of losing sight due to diabetic retinopathy. The WHLC supports diabetes awareness, education and prevention and research. They are also there to help during community diabetes screenings.

To be able to do all of these worthwhile projects, the WHLC has several fundraising projects each year. Broom sales are conducted at community events throughout the year as well as at 10 different merchant locations throughout the city. Brooms are produced by visually impaired individuals. Contributions are collected during two very important times of the year when the Lions Clubs are raising awareness of the symbol of independence for individuals who are blind or who have severe vision loss and use the familiar white cane with the red band at the bottom, National White Cane Safety Day and White Cane Week. These days are used to collect contributions to help provide eye care for the less fortunate in the community.

The Winchester Host Lions Club considers their reward to be the difference they make and the relationships they have built by giving back into the community they so deeply care about. The WHLC is currently working on a Legacy Project to leave as a lasting benefit to the community. **The Winchester Parks and Recreation Department wishes to thank the Winchester Host Lions Club for their many years of support in making the City of Winchester's annual Christmas Parade a success.**

Holiday Previews



Christmas Parade

Monday, November 28

Time: 7pm with the Christmas Tree lighting immediately following the parade

Location: Old Town Winchester

Celebrate the fun and excitement of the holiday season in Old Town Winchester. Bands, floats and specialty units, along with Santa, will be coming to see you. Don't forget the tree lighting ceremony immediately following the parade. If your group is interested in participating in the 2016 parade, please go to www.winchesterva.gov/parks for the application. The deadline for entry submissions is November 7. For any further questions, please contact the Special Events Coordinator at 540-662-4946 ext. 1816.

Santa Letters

Date: November 21-December 5

Locations: War Memorial Building at Jim Barnett Park, City Hall at 15 North Cameron Street, Visitor Center at 1400 South Pleasant Valley Road, and Old Town Welcome Center at 33 East Boscawen Street. Leave a letter for Santa in one of his mailboxes (with a return address) and Santa will write back.

Santa's Headquarters

Date: Saturday, December 10 **Time:** 10am-2pm

Location: Godfrey Miller Center on Loudoun Street Mall
Make a Christmas craft while you are waiting to visit that jolly old man himself, Santa Claus.

Cookies with Santa (Ages 1+)

Date: 12/7 **Time:** 6:30pm

Location: Social Hall

Register by: 11/28 Fee: \$5

Come and enjoy some tasty treats while visiting with Santa, along with making lots of different crafts! **Activity #: 641347 Sec: 03**



It's All Right Here!

Over 35 places to eat and 60 shops.



Classic Movies at the Taylor Pavilion

August 13

Enjoy the classic James Bond film "From Russia With Love" with family and friends at this free event hosted by Magic Lantern Theater.



Friday Night Live

August 19

This Friday Night Live highlights blues music on the Taylor Pavilion stage with the popular D.C. based Kelly Bell Band. The Loudoun Street Mall will host numerous vendors and street performers.



Taylor Pavilion Concert

August 21

Free community concert featuring the Little Big Band celebrating the sounds of Frank Sinatra.

September 18

Free community concert featuring musicians from Shenandoah University performing a tribute to Winchester's own, John Kirby.



Octoberfest

October 14, 15 & 16th

The fourth annual event for the first time will be a three-day cultural, beer and wine festival bringing the spirited celebration of Oktoberfest to Old Town Winchester.



Spooktacular

October 29th

Bring the family down to the Loudoun Street Mall for an afternoon of trick-or-treating at downtown businesses.



Old Town Holiday Parade

November 28th

Enjoy this Old Town tradition that begins with a festive evening parade and concludes with the lighting of the downtown holiday tree.



Old Town Winchester Farmers Market

Open Saturdays 10 - 2 through September 24, at the Taylor Pavilion

Enjoy fresh local fruits and vegetables, artisan breads and much more at this weekly community market located in the heart of Old Town Winchester a few steps from the Braddock Autopark.

Visit Old Town online at www.OldTownWinchesterVA.com for the most current information about events & businesses downtown and be sure to stop by the Old Town Welcome Center for the latest news at 33 East Boscawen Street.



Winchester-Frederick County

CONVENTION & VISITORS BUREAU

1400 South Pleasant Valley Road, Winchester · VisitWinchesterVA.com



Sightseeing Express Trolley Tour

Saturday, September 17, 10am-11am

60 sites in 60 minutes! Hop aboard the trolley for a one-hour sightseeing excursion of Winchester. Your professional tour guide will entertain you while pointing out historical sites, museums, and other attractions as the trolley travels the same streets that George Washington, General Stonewall Jackson, General Phil Sheridan, Rear Admiral Richard Byrd, and the legendary Patsy Cline traveled. This tour will also cover parts of the Third Battle of Winchester, which took place September 19, 1864. Meet your guide and the trolley at the Winchester-Frederick County Visitors Center located at 1400 S. Pleasant Valley Road. The tour has no stops. Call Winchester Parks and Recreation to register. (540) 662-4946 **Activity# 637417-11**

Fee: \$10

Register by: September 9

Guided Civil War Walking Tours of Old Town Winchester

Every Friday*, May - October

Meet at the Kurtz Building, 2 N. Cameron Street

NEW EXPANDED DATES THIS YEAR!

Tours are now offered every Friday* evening, May - October, at 6pm. Re-live history as you are led by qualified and informative guides who love Winchester, its history, lore and legends, and are ready to share it all with you! Experience a side of Winchester you may have never known existed. These tours cover not just the Civil War, but the many layers of history that make up the fabric of Winchester's unique story.

**Tour will not be held August 19 or October 14*

Fee: \$5. For reservations, call (540) 542-1326

Who's Buried in Mt. Hebron Cemetery? Walking Tour

Saturday, September 17, 1pm

Mt. Hebron has been Winchester's burying ground since inception of the town in the 1700s. On this walking tour, you will be introduced to men and women who contributed to the development of Winchester, as well as our great nation. Meet your guide outside the gatehouse on East Lane. Wear comfortable walking shoes. Note that no restroom facilities will be available.

Location: Mt. Hebron Cemetery

Fee: \$5, payable to the guide

Haunted History Ghost Tours

October 28, 29, and 31, 6pm

Prepare yourself for a spine-tingling tour that delves into the mysterious history of Winchester! Learn of the restless spirits from the Colonial and Civil War eras often seen and heard in the streets and historic buildings of Old Town. Your expert guide weaves a tale of carefully researched history and true ghost stories that will leave you intrigued and hopefully convinced that they are here! Tour lasts approximately one hour. Tickets must be purchased in advance at the Winchester-Frederick County Visitors Center, 1400 S. Pleasant Valley Road, Winchester. Cash or check only. Limit of 25 participants per tour. Call (540) 542-1326 for more information.

Location: the intersection of Cork Street and the Loudoun Street Mall

Fee: \$10



Amphitheater Programs

Amphitheater is located at Christianson Familyland Playground



FREE MOVIE!!!

Monster Mash Dance Party and Movie

Date: Friday, October 7

Location: McCormac Amphitheater

Time: DJ Dance Party begins at 6pm and Movie begins at 7pm. Come join our Monster Mash Dance Party before watching "Hotel Transylvania" under the stars.





Environmental Programs

Rain Barrel Workshop (Ages 18+)

Activity #: 637135-03

Date: Saturday (9/17)

Time: 10:00a-12:00p

Fee: \$25 R \$28 NR

Location: Lord Fairfax Room

Register by: 9/10

Have you ever wanted a rain barrel for your home? Now is your chance! We are offering a Rain Barrel Workshop where you will be able to build your own rain barrel to take home.

Juicing/Garden Tower (Ages 18+)

Activity #: 637135-04

Date: Thursday (9/22)

Time: 7:00p-8:30p

Fee: FREE

Location: Arts & Crafts Room

Register by: 9/15

Come learn about a tower garden and see if it is a fit for your lifestyle. A Tower Garden is a state of the art vertical aeroponic growing system. It's perfect for rooftops, patios, balconies or any relatively sunny place outside. It grows vegetables, herbs, flowers, and many fruits in less time than it takes soil. The tower can grow indoors with grow lights so you have fresh produce all year. Also learn about Juice Plus that provides added nutrition from fruits, vegetables, and grains in a capsule or chew.

Essential Oils (Ages 18+)

Activity #: 637212-26, 27, 28, 29, 30, 31

Date: Tuesday (9/13), (9/27), (10/4), (10/18), (11/15), (11/29)

Time: 6:30p-8:00p

Fee: FREE

Location: Recreation Room

Register by: 9/6, 9/20, 9/27, 10/11, 11/8, 11/22

Essential oils are both exciting and promising when it comes to taking care of your own and your family's health. Whether you're applying essential oils topically, enjoying the aromatic benefits through diffusing, or taking essential oils internally, and the positive effects of essential oils are boundless. That's why you'll want to ensure that the essential oils you are using are capable of delivering on their promise. You'll want to make sure that you are choosing essential oils for their potency and their purity. Each class will focus on different oils and the benefits of using those oils.

Instructor: Lacey Brooks

Abrams Creek Wetlands Preserve Nature Walks

Date: September 24, October 8 and 22, and November 5

Time: 8:30am

Fee: FREE

Location: Meet at the parking lot in front of Children of America on Jubal Early Drive.

The group will meet at the beginning at the parking lot in front of Children of America on Jubal Early Drive. The starting time is 8:30am. Focus will be on birds, flowers, trees and signs of Fall. Call Jim at (540) 303-3983 for more information.

Cooking Classes

Come experience a cooking class in our kitchen. Enjoy cooking new and interesting foods then try them for yourself. What could be better than cooking, eating and No Clean Up! Bring friends and family to experience the joy of food! Come join food blogger and cooking instructor Patricia Reitz as she teaches how to cook delicious budget-friendly meals from scratch that your family and friends will love.

Cooking Class I "Pizza & Stromboli"

(Ages 18+)

Activity #: 637245-23

Date: Wednesday (9/14)

Time: 5:30p-7:30p

Fee: \$27 R \$30 NR

Location: Kitchen

Register by: 9/7



Learn how to make homemade pizza and Stromboli featuring delicious crust and sauce made from scratch!

Cooking Class II "Soups & Stews"

(Ages 18+)

Activity #: 637245-24

Date: Wednesday (9/28)

Time: 5:30p-7:30p

Fee: \$27 R \$30 NR

Location: Kitchen

Register by: 9/21



Learn how to make delicious, nutritious soups and stews from scratch - Hearty Italian Wedding Soup and Grandma's Best Beef Stew!

Cooking Class III "Cake Pops"

(Ages 18+)

Activity #: 637245-25

Date: Wednesday (10/12)

Time: 5:30p-7:30p

Fee: \$27 R \$30 NR

Location: Kitchen

Register by: 10/5



Learn how to make a variety of Holiday themed Cake Pops!

Cooking Class IV "Cake from Scratch"

(Ages 18+)

Activity #: 637245-26

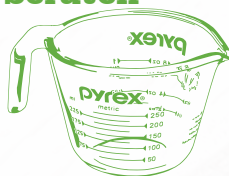
Date: Wednesday (10/26)

Time: 5:30p-7:30p

Fee: \$27 R \$30 NR

Location: Kitchen

Register by: 10/19



Learn how to make and decorate a layered cake from scratch - learn pro tips on how to bake, torte, and frost a bakery-style cake that will impress your family and friends!



Cooking Classes

Friendly Foods

(Ages 18+)

Activity #: 637135-02

Date: Saturday 9/17

Time: 9:30a-11:00a

Fee: FREE

Location: Recreation Room

Register by: 9/10



A free course and discussion on the nutrition and the history of longevity as it has related to the human diet. Come learn about raw foods, nutrition and fasting as a way of restoring your health. Come learn with Bill Cowley the advantages of this food diet.

Cooking Class V "Pies & Tarts"

(Ages 18+)

Activity #: 637245-27

Date: Wednesday (11/9)

Time: 5:30p-7:30p

Fee: \$27 R \$30 NR

Location: Kitchen

Register by: 11/2



Learn how to make tender, flaky pies and tarts from scratch using fool-proof techniques for perfect homemade crust.

Cooking Class VI "New York Cheesecake"

(Ages 18+)

Activity #: 637245-28

Date: Wednesday (11/30)

Time: 5:30p-7:30p

Fee: \$27 R \$30 NR

Location: Kitchen

Register by: 11/23



Learn how to make authentic New York-Style Cheesecake!

Cooking Class VII "Gingerbread House"

(Ages 18+)

Activity #: 637245-29

Date: Wednesday (12/7)

Time: 5:30p-7:30p

Fee: \$27 R \$30 NR

Location: Kitchen

Register by: 11/30



Learn how to make mini gingerbread houses from scratch!

Cooking Class VIII "Holiday Cookies"

(Ages 18+)

Activity #: 637245-30

Date: Wednesday (12/14)

Time: 5:30p-7:30p

Fee: \$27 R \$30 NR

Location: Kitchen

Register by: 12/7



Let's have fun decorating holiday cookies - learn tips for rolling, cutting, and decorating like a pro!

Creative Expression



Private Music Lesson

(Ages 7+)

Activity #: 637415-21

Fee:

4- Half hour sessions: \$62R \$65NR

4-One hour sessions: \$126R \$129NR

We are offering the following Private Music Lessons: Piano, Guitar, Flute and Voice. Registration is ongoing and you must walk in or call in to register 540-662-4946! Once you have registered, the instructor will call you to set up lessons.

Colored Pencil Drawing

(Ages 50+)

Activity #: 637215-15

Date: Thursday (9/15-10/20)

Time: 3:00p-5:00p

Fee: \$46 R \$49 NR

Location: Activity Room

Register by: 9/8



Come enjoy a new art class to get your creativity flowing; Colored Pencil Drawing/Painting with a Limited Palette. Learn to draw and paint with colored pencils using the same 8 colored pencils for each project (i.e., parrot, kitten, flowers, portrait). Prerequisite: desire to draw and paint with colored pencils. \$20 material fee to be paid to instructor at the first session.

Instructor: Robin Palmer

Ballroom Dancing

(Ages 18+)

Activity #: 637145-15, 16

Date: Friday (9/9-9/30) or (10/7-10/28)

Time: 6:30p-7:30p

Fee: \$20 R \$23 NR

Location: Lord Fairfax Room

Register by: 9/2, 9/30



This 4-week group class offers instruction in four of the most popular ballroom dances (Foxtrot, Waltz, Rumba and Swing). Students will learn basic patterns, how to lead and follow, rhythm, footwork and dance floor etiquette.

Instructor: John Traubert

West Coast Swing

(Ages 18+)

Activity #: 637145-17, 18

Date: Friday (9/9-9/30) or (10/7-10/28)

Time: 7:30p-8:30p

Fee: \$20 R \$23 NR

Location: Lord Fairfax Room

Register by: 9/2, 9/30

This smoother form of swing originated as "The Savoy" in New York and became the California State Dance and is similar to Texas Push and Houston Whip. It can be danced to fast or slow tempos of rock and roll, rhythm and blues, country and pop music. This 4-week beginner class will cover leading, following and basic steps.

Instructor: John Traubert

American Sign Language I

(Ages 18+)

Activity #: 637212-13

Date: Thursday (9/8-10/20)

Time: 5:30p-7:30p

Fee: \$46 R \$49 NR

Location: Recreation Room

Register by: 9/1



American Sign Language II

(Ages 18+)

Activity #: 637212-14

Date: Thursday (11/3-12/15) No class 11/24

Time: 5:30p-7:30p

Fee: \$46 R \$49 NR

Location: Recreation Room

Register by: 10/27

American Sign Language is a visually perceived language based on a naturally evolved system of articulated hand gestures and their placement relative to the body, along with non-manual makers such as facial expressions, head movements, shoulder raises, mouth morphemes and movement of the body. The instructor, Donna Day, deaf herself, is experienced and certified in sign language since 2003. There is a \$15.00 material fee paid to the instructor the first day of class!

Instructor: Donna Day

Fall Wreath

(Ages 18+)

Activity #: 637215-16

Date: Saturday (9/3)

Time: 10:00a-Noon

Fee: \$30 R \$33 NR

Location: Lord Fairfax Room

Register by: 8/27



In this class you will learn how to create a wreath that is perfect for your fall décor! We look forward to seeing you there!

Instructor: Julie Herrmann



Crash Courses

Resume/Interview Workshop (Ages 18+)

Activity #: 637212-18, 19, 20, 21, 22

Date: Monday & Wednesday (9/12 & 9/14), (9/26 & 9/28), (10/3 & 10/5), (10/17 & 10/19), (11/7 & 11/19)

Time: 10:00a-Noon

Fee: FREE

Location: Arts & Crafts Room

Register by: 9/16, 9/19, 9/26, 10/10, 10/31



Resume/Interview Workshop (Ages 15-18)

Activity #: 637212-23, 24, 25

Date: Saturday (9/10), (10/8), (11/12)

Time: 9:00a-Noon

Fee: FREE

Location: Recreation Room

Register by: 9/3, 10/1, 11/15

Make a good first impression. When applying for a job your first impression is your resume. Employers only spend seconds looking at a resume so it MUST look good (format) even before they read it. The Resume Workshop shows the participant how to format, write and include important information employers may want to see. Don't let nerves blind your future employers from seeing you. Job interviews are an important step in getting the job. This workshop will show you how to have an effective interview. The Interview Workshop includes making a great impression, exchanging information and selling yourself. Don't miss this great workshop on improving yourself for the best job.

Instructor: Sabrina Griffin



Android Beginner (Ages 18+)

Activity #: 637247-06, 07

Date: Tuesday (9/20) or (11/22)

Time: 6:00p-7:30p

Fee: FREE

Location: Arts & Crafts Room

Register by: 9/13, 11/15

Tired of hitting the wrong buttons on your Smart Phone? Are you constantly coming across things on your phone that you have no idea how to use? Enjoy learning the ins and outs of your Android device. During the course, you will learn email setup, use of the play store, sending pictures and videos as well as much more.



Android Intermediate (Ages 18+)

Activity #: 637247-08, 09

Date: Tuesday (10/18) or (12/20)

Time: 6:00p-7:30p

Fee: FREE

Location: Arts & Crafts Room

Register by: 10/11, 12/13

This Course is designed as a follow up class to the Android Beginner class. You must have attended the Android for Beginners to sign up for this class.



iPhone Beginner (Ages 18+)

Activity #: 637247-14, 15

Date: Tuesday (9/6) or (11/8)

Time: 6:00p-7:30p

Fee: FREE

Location: Arts & Crafts Room

Register by: 8/30, 11/1

Own an iPhone and still find yourself fumbling around this powerful device? Take advantage of this workshop with one-on-one assistance to help you become more efficient on your iPhone. The course will include use of the app store, how to use Siri, battery saving tips and tricks and much more!



iPhone Intermediate (Ages 18+)

Activity #: 637247-16, 17

Date: Tuesday (10/4) or (12/6)

Time: 6:00p-7:30p

Fee: FREE

Location: Arts & Crafts Room

Register by: 9/27, 11/29

Own an iPhone and still find yourself fumbling around this powerful device? Take advantage of this workshop with one-on-one assistance to help you become more efficient on your iPhone. The course will include using FaceTime, setting up your social networking sites, iCloud and much more!



Life Hacks Middle School (6th-8th grade)

Activity #: 637212-15

Date: Tuesday & Thursday (9/6-10/27)

Time: 4:00p-5:00p

Fee: FREE

Location: Jim Barnett Park Library

Register by: 8/30



Life Hacks High School (9th & 10th grade)

Activity #: 637212-16

Date: Tuesday & Thursday (9/6-10/13)

Time: 5:00p-6:00p

Fee: FREE

Location: Jim Barnett Park, Library

Register by: 8/30



Life Hacks Transitions (11th & 12 grade)

Activity #: 637212-17

Date: Tuesday & Thursday (9/6-9/29)

Time: 6:00p-7:00p

Fee: FREE

Location: Jim Barnett Park, Library

Register by: 8/30

A new program offered by CLEAN, Inc. using the Botvin LifeSkills Training curriculum, this Life Hacks course is designed to give teens the confidence and skills they need to handle challenging situations. Small groups of 8-10 teens are guided through a workbook-based curriculum by two trained facilitators. Groups will cover various topics including healthy decision-making, risk-taking and substance abuse, media influence, managing stress and anger, family communication, and healthy relationships. This comprehensive program covers many essential skills for success in school and the rest of life to come. The Program includes a workbook and materials.

Instructor: Stacey Drew





Bus Trips



Winchester Parks and Recreation has teamed with Schrock Travels to offer you day trips! Please register early to reserve your seat. Please only one ticket per person. Please make sure all your information is up to date and correct and please have a phone number registered. Please arrive 15 minutes before departure time for check in.
Schrock Terminal address: 220 Imboden Dr, Winchester, VA 22603 Phone: (540) 678-2871



Amish Country Fun (All Ages)



Activity #: 637445-04
Date: Saturday (9/24)
Fee: \$109 (Adults) \$99.00 (Children under 12)
Register by: 9/10

Load up on goodies at the Lititz Farmers Market. Visit the Julius Sturgis Pretzel Factory and get a hands on lesson in pretzel twisting. The Wilbur Chocolate Museum and Factory Store tells us the history of chocolate and allows us to see handmade chocolates being created. A buffet lunch will be offered at Plain and Fancy Restaurant followed by a cooking demonstration of Amish foods. Our last stop will be a new exhibit--the Chalk Talk. You will be amazed at what you see. Depart from Schrock Parking Lot: 7:00am Return to Winchester: 9:00p



Wineries and Fun Shenandoah (Ages 21+)



Activity #: 637445-05
Date: Sunday (9/18)
Fee: \$94
Register by: 10/8

The Shenandoah Valley is filled with many different wineries. Visit a few of them for sample tasting in their tasting rooms. You will also be able to purchase your choice of wines to bring home with you. Bring a friend; enjoy a day of fun and delicious wines. We will be making a lunch stop, on your own, at a local restaurant. Depart from Schrock Travels parking lot at 11:45am and return to Winchester at 6:45pm.



Christmas in New York (All Ages)



Activity #: 637445-06
Date: Saturday (12/3)
Fee: \$79
Register by: 11/19

Spend the day in this holiday mecca. Have the time of your life shopping for all those special gifts. Don't forget to check out all the beautiful decorations throughout the city. There is nowhere like New York at Christmas. Depart from Schrock Parking Lot: 4:00am Return to Winchester: 12:00am

***Trips are non-refundable.**



Bienvenidos Amigos de Habla Hispana

Ballet (Edades 3-5)

Actividad #: 637242-13, 14

Fecha: Miércoles (9/7-10/12), (10/26-12/7)

Hora: 1:30p-2:30p

Precio: \$31 R \$34 NR

Lugar: Sala Lord Fairfax

Inscripciones antes de: 8/31, 10/19

Ven y únete a nosotros en este curso introductorio que enseña a los niños los fundamentos básicos del ballet.

Calentamiento y estrechamientos conducirán a los movimientos fundamentales del baile. Los niños también aprenderán la terminología del ballet. Se aconsejan pero no se requieren zapatillas de ballet.

Instructora nueva: Anne Weber

Club de Tarjetas Pokémon (Edades 6+)

Actividad #: 637222-01, 02, 03, 04, 05, 06, 07

Fechas: Lunes (9/12), (9/26), (10/10), (10/24), (11/7), (11/21), (12/5)

Hora: 5:30p-7:00p

Precio: \$7 R \$9 NR por clase

Lugar: Sala de Recreación

Inscripciones antes de: 9/6, 9/19, 10/3, 10/17, 10/31, 11/14, 11/28

¿Estás buscando competencia con otros jugadores de Pokémon? ¿Quieres aprender el emocionante juego de Pokémon? ¡Bueno, tenemos el club para ti! El Club de Tarjetas Pokémon permitirá que jugadores del área jueguen contra otros así como también le enseñaremos a los nuevos jugadores los fundamentos básicos de este juego de cartas. Todas las edades son bienvenidas. Trae tus 60 tarjetas y únete a la batalla. ¿No tienes tarjetas? ¡No hay problema! El líder tendrá tarjetas para ti.

Instructora nueva: Julie Herrmann

Cine en el Anfiteatro

Fiesta Bailable "Monster Mash" y Película

Fecha: Octubre 7

Anfiteatro McCormac

La Fiesta Bailable con DJ comienza a las 6pm

La Película comienza a las 7pm

Ven y únete a nuestra Fiesta Bailable "Monster Mash" antes de ver "Hotel Transilvania" bajo de las estrellas



Partner Pages



Winchester Parks and Recreation's Partners are private organizations outside of Parks and Rec programs. They serve as a strong resource to the community for athletic programming and help our organization provide well-rounded recreation options to the citizens of Winchester.

Blue Ridge Youth Soccer Association

Registration for this recreational league takes place from November to February for the Spring 2015 Soccer season.

Visit www.brysa.org or call (540) 662-6380 for more information. Teams are available for children ages 4 through high school. PO Box 2865 Winchester, VA 22604
BRYSA Hotline: (540) 662-6380
susanbms1990@gmail.com
brysarec@gmail.com



Shenandoah Valley Youth Lacrosse

Shenandoah Valley Youth Lacrosse (SVYL) is a volunteer run organization whose goal is to provide a positive and fun lacrosse experience for boys and girls from ages 5-18. We strive to develop and maintain a program where every participant, regardless of initial skill level, has the opportunity to learn the game; develop and improve skills; and be prepared for the next level of lacrosse. SVYL includes families in Frederick, Clarke, Warren, and Shenandoah Counties. (540) 664-4826
www.svyl.uslaxteams.com
Facebook: Shenandoah Valley Youth Lacrosse



Winchester-Frederick County Youth Football League

WFYFL has operated for over 50 years as Winchester and Frederick County's only tackle football league. We teach the fundamentals of football, team spirit and good sportsmanship to children ages 7 to 13. WFYFL has three divisions broken down by age. Practices and games vary by age group but are as many as 4 evenings per week. We now offer 4 age divisions from the age of 7 to age 13.

Michael Partlow
mpartlow@partlowinsurance.com
www.wfyfl.org



Winchester Swim Team

Winchester Swim Team strives to provide the youth of our community the opportunity to excel at the sport of swimming. Our purpose is to train our swimmers not only with the physical requirements of local, state, and national competition, but also develop confidence, character, and team spirit through a motivating team environment. Winchester's only year-round competitive swim team! Registering ages 6 and up.
kelly@warnagiris.org
WinchesterSwimTeam.com



Winchester Baseball

Winchester Baseball is a youth baseball organization serving children ages 4-15 in the Cal Ripken Babe Ruth program. Brian Thompson, Vice President.
chavabt@aol.com www.winchesterbaseball.com



Winchester Rugby Football Club

Winchester Rugby provides boys and girls the opportunity to compete in the newest Olympic sport from January-August. Rugby has a position for every body type and your child WILL PLAY. All you need are soccer cleats and a willingness to learn and have FUN. We have four teams: Boys Under 19 (High School) in the Spring, Boys Middle School (tackle), Under 11 Coed and Under 9 Co-Ed (tag) during the summer months. www.winchesteryouthrugby.com
www.facebook.com/groups/52014846497
newrugbyplayer@gmail.com



Winchester BMX

Winchester BMX Bicycle Motocross (BMX) has been in Jim Barnett Park for 30 years and helps cyclists build discipline, self esteem, and physical fitness. Riders race against each other within their own age group and skill level. Riders have the ability to earn district, state, regional, and national rankings and awards by the sanctioning body, USABMX. Ages 2-5 can use balance bikes (no pedals). All you need to race is any 20" or 24" bike, long-sleeved shirt, long pants, and helmet. Loaner bikes and helmets are available. First race is free. Jason Kendall (Track Operator) wbmxa@gmail.com 540-324-3478 usabmx.com/tracks/1899
[facebook.com/WinchesterBMX](https://www.facebook.com/WinchesterBMX)
Instagram - @winchester_bmx



Winchester Horseshoe Club

The horseshoe pitchers of Winchester and the surrounding area aim to promote, foster, and develop the game of horseshoe pitching both as a competitive sport and a recreational past time, and to provide the proper facilities to ensure the sport's continued growth. (Sanctioned 1978) by the National Horseshoe Pitching Association. Join us on Facebook. Victor Riggelman (President) (540) 877-1402
Evelyn Zachorchak (League Director) (540) 837-1409

Shenandoah Valley Tennis Association - "USTA" Competitive Adult Team Tennis

Interested in playing competitive adult team tennis. Carisa Dueweke (USTA Adult Local League Coordinator)
cydueweke@gmail.com
(540) 533-8169. www.syatennis.org
www.midatlantic.usta.com



Winchester Youth Football League

The Winchester Frederick County Youth Football League (WYFL) has been in existence for 55 years. The league's guiding principles are "Teaching the Basic Fundamental of Football, Cheerleading and good sportsmanship." The program is entirely staffed by volunteers with the coaches devoting their time and efforts to teaching proper fundamentals and sportsmanship. Nearly all of the Board Members have been part of the league as a player, cheerleader, parent or coach. The program consists of more than 96 volunteers, over 340 youth football players and nearly 130 cheerleaders. The programs serve children ranging from 5 years old to 13 years old, with multiple age divisions to accommodate everyone interested in learning the sport of football or cheer. We welcome all interested coaches, kids, parents and volunteers into our league. Much of the funding for the league is provided by local businesses, civic clubs, and both the Winchester and Frederick County Parks Departments. Their contributions over the many years have enabled the league to provide the best equipment possible for the league. Safety is of the upmost importance to WYFL. They are a certified Heads Up program with all coaches undergoing training for proper technique and concussion awareness. All equipment is consistently maintained and updated, including a helmet reconditioning program. The league is proud of its place in our community, its players, its volunteers and the vast amount of supporters throughout the years. They look forward to serving the community and its children for many years to come. For more information or to register visit www.wyfl.org.



Register Online Now

webtrac.winchesterva.gov

Winchester
parks and recreation *Virginia*

Swim Lesson Registration

Participants have until the day before the first class of the session to register. However, understand it is a first-come, first-enter process. If your child's class is full, you will be put onto a waiting list. If a spot becomes available, spaces are filled in order of the waiting list. You will only be charged if your child is placed in a class. If your child does not get into the session, you will need to re-register for the next session. Students on the waiting list do not carry over to the next session. Please do not register for multiple sessions at a time. Each child progresses at different speeds and it may take them more than one session before being ready to move to the next level. We cannot guarantee that your child will move to the correct level if incorrectly registered.

Walk In

Walk-in registrations are accepted during building hours of operation.

By Phone

Call (540) 662-4946. Must be paid with a credit card and a completed registration form submitted.

By Email

wincparks@winchesterva.gov.

By Fax

(540) 678-8791

Visit www.winchesterva.gov/parks to download the registration form.

Payment is required at the time of registration for all classes and materials fees (where applicable). No registration will be processed without payment.

Cancellations & Refunds

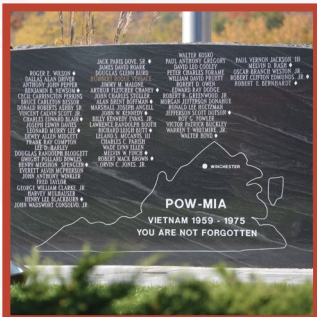
In the event of inclement weather, closings and cancellations will be announced via local radio stations, cable television stations, City of Winchester's Facebook, winchesterva.gov/parks and the cancellation hotline. Call (540) 662-4946, Ext. 2833 for cancellations due to inclement weather. NOTE: Programs will be cancelled if minimum registration numbers are not met. View the refund policy online at winchesterva.gov/parks or ask the front desk.

Accommodations

WPRD welcomes participation in all programs and activities by individuals with disabilities and special needs. WPRD is committed to inclusion and providing recreation services in the most integrated setting in which interaction between people with and without disabilities is provided to the maximum extent feasible. If you have a special need or request for reasonable accommodation in accordance with ADA, and want to assist the WPRD staff in addressing such need or request. Contact WPRD in advance and in a timely manner, or indicate what these needs are on all registration forms. Please understand that failure to provide timely and appropriate notice of a special need and/or request for reasonable accommodation may result in a delay in registration. When feasible and appropriate, WPRD asks that requests for reasonable accommodation be made at least two weeks in advance of any activity or program.

Swim Lesson Registration Tips

(R) means Resident of the City of Winchester (your zip code is 22601).
(NR) means you are not a resident of the City of Winchester (your zip code is anything other than 22601).



POW/MIA Memorial

Built in 2005 to honor and recognize those Virginia soldiers, airmen, sailors and marines, who through their military service to their country, and their status as a POW-MIA, have yet to come home. Now supported by the Jim Burkins Memorial Fund.

Korean War Memorial

This memorial was built and dedicated in 2013 by the Shenandoah Valley Chapter 313, Korean War Veterans Association as a way to remember those brave individuals in our community and surrounding counties who served during the bitter conflict.